



January/2008

2009 New Year's ReVolutions

This year, consider creating New Year's ReVolutions-- transformational actions that will lead to breakthrough results.

By Michael Guld

While the origin of New Year's resolutions goes back as far as 153 BC, in modern day times they usually evoke feelings of guilt. Most verbs associated with resolutions are restrictive in nature, including to quit, stop, lose, reduce or eliminate. The implication is that you need to improve, fix or repair something that's broke or not complete. By its very nature, people see New Year's resolutions as a difficult exercise at best, requiring discipline, determination and willpower, which are not exactly energizing words. As a result, most people "make" the resolutions Jan. 1, and usually begin to "break" them by Feb. 1 as their commitment fades and enthusiasm for attainment wanes. Case in point: The extreme increase in traffic at a health club the beginning of the year, which quickly subsides as the weeks and months progress.

Well here's an idea: This year, consider creating New Year's reVolutions -- transformational actions that will lead to breakthrough results. New Year's reVolutions can energize and invigorate by the thought of "what's possible." By definition, which one of the below would inspire you to get out of bed Jan. 1?

A resolution: a solution, accommodation or settling of a problem.

A reVolution: a drastic and far reaching change in ways of thinking and behaving.



In This Issue

[2009 New Year's ReVolutions](#)

[Webinar: Computer-Assisted Coding in the Industry Today](#)

[2008 Salary Survey Results](#)

[Test Your MT Skills](#)

[Visit us at HIMSS in Chicago](#)

[About Dolbyby](#)

Test Your MT Skills!

Sharpen your proofreading and editing skills. Challenge yourself to edit expeditiously, applying Association for Healthcare Documentation Integrity (AHDI) and ASTM standards. This column will guide you through the AAMT Book of Style, while

New Year's reVolutions are personal and broader in scope than the traditional resolutions. The framing of your reVolutions requires stepping back and deciding what do you want to be as opposed to what do you need to do. If someone were to introduce you to a large crowd recognizing you for your accomplishments, what would you want your bio to say? Are you on track to be that person? If not, what actionable steps can you take today that will help you get there tomorrow?

To help increase the chances of keeping inspired (vs. disciplined) with your New Year's reVolutions, [click here and follow these 10 tips](#):

Webinar: Computer-Assisted Coding in the Industry Today

In March 2009 Dolbey will be hosting a computer-assisted coding (CAC) educational webinar. During this free, one hour webinar, you will learn how current and future issues will impact the coding industry and how technology can be used to address them. Below is a short list of computer-assisted coding advantages and how they will impact the health care industry:

- Rules-based, configured by site
- Increased coding productivity
- Increased efficiency; frees professional from mundane tasks
- Comprehensive code assignment
- Consistent application of rules
- Electronic coding audit trail

Due to limited space, early registration is strongly encouraged. [Click Here to Register!](#)

Date: Friday, March 6th, 2009
Time: 1 p.m. - 2 p.m. EST

2008 Salary Survey Results

you draw on your preferred dictionaries and prized word books to correct and weigh errors with authority.

Be on the lookout for errors of speech recognition. Also keep a sharp watch for errors created by word expanders, which can be our darlings or our demons. With another educational opportunity awaiting on virtually every line, have your highlighters ready, and prepare for the MT job of the future!

[Read the entire article here...](#)



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About Dolbey

Since 1914, Dolbey has delivered timely solutions with an emphasis on customer partnering.

With expert solutions and fast, local support from locations in most major cities in North America,



This year, ADVANCE proudly unveiled a new surveying gadget, that offers you a deeper look into salaries across the HIM spectrum than in years past. With that in mind, you'll also notice some changes in the way the data is presented this year. Because they had a more comprehensive look at salaries, they put summaries of the data into PDF documents that you can click on.

Another difference is that they could slice and dice how data was presented, and this year, unless otherwise noted, the salaries are for full-time HIM professionals (88 percent of respondents) only, so keep that in mind.

They didn't forget you part-time workers--you're still included in some of the data, and if you check out the PDF documents, you'll get a glance at even more information that will show how you measure up.

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